

THE CALM QUILT

BABY | THROW | TWIN | FULL/QUEEN | KING

DESIGNED BY RHONDA ROBERTS



jelly roll
friendly



ABOUT THIS QUILT

This quilt came about because of my love for the ocean and the calming effect it has on me. I received a set of Tilda Cotton Beach fat quarters and thought about how to use them. I was also curious about using linen in a quilt. It became a happy combination when I found a "sand" colored linen. This was also when I was looking for some simple piecing to calm my mind after my mother's stroke (thankfully, she is recovering nicely). Thus was born The Calm Quilt. The original reminds me of looking out across the beach...mostly sand but scattered with shells. The large areas of background in this quilt create a restful look. Hope you enjoy making this as much as I did!

Rhonda

BEFORE GETTING STARTED

- Please read through all the directions before starting.
- Charm squares also work great for this quilt. Cut (4) 2½" squares from each charm and follow the instructions for piecing with individual squares.
- Blocks may be pieced with strip piecing or individual squares. Decide which you wish to do and select EITHER strips or squares for the fabric requirements
- Check my website for pattern corrections.
- Contact me at hello@patchworksampler.com if you notice any needed changes.

FABRIC REQUIREMENTS

	BABY 42" X 63"	LAP 54" X 78"	TWIN 66" X 90"	FULL/QUEEN 90" X 102"	KING 102" X 102"
Background	2 yards	3½ yards	4¾ yards	7 yards	8 yards
Prints	(5) 2½" Strips OR (72) 2½" squares: (18) matching sets of four squares	(15) 2½" Strips OR (236) 2½" squares: (59) matching sets of four squares	(21) 2½" Strips OR (332) 2½" squares: (83) matching sets of four squares	(32) 2½" Strips OR (512) 2½" squares: (128) matching sets of four squares	(46) 2½" Strips OR (580) 2½" squares: (145) matching sets of four squares
Binding	½ yard	⅝ yard	¾ yard	¾ yard	1 yard
Backing	2¾ yards	3½ yards	5½ yards	8 yards	9 yards

NOTE: These instructions make a scrappy quilt. You may either strip piece the nine-patch blocks or piece them with individual squares. Do not cut 2½" squares from the print strips or background strips if you are strip piecing.

Making Baby Size

Background:

- Cut (7) 2½" strips. Cut 5 of these strips in half along the fold to yield (10) 2½" x approx 21" rectangles. From the remaining TWO strips, cut each in half along the fold as before, then cut in half again to yield (8) 2½" x approx 10½" rectangles.
- Cut (3) 6½" strips; sub-cut into (17) 6½" squares

Prints—from EACH of the five strips:

- Sub-cut in half along the fold to yield (2) 2½" x approx 21" rectangles. Set one of these aside, then cut the other one in half again to yield (2) 2½" x approx 10½" rectangles.

Making Lap Size

Background:

- Cut (17) 2½" strips. Cut 13 of these strips in half along the fold to yield (26) 2½" x approx 21" rectangles. From the remaining FOUR strips, cut each in half along the fold as before, then cut in half again to yield (16) 2½" x approx 10½" rectangles.
- Cut (10) 6½" strips; sub-cut into (58) 6½" squares

Prints—from EACH of the 15 strips:

- Sub-cut in half along the fold to yield (2) 2½" x approx 21" rectangles. Set one of these aside, then cut the other one in half again to yield (2) 2½" x approx 10½" rectangles.

Making Twin Size

Background:

- Cut (26) 2½" strips. Cut 21 of these strips in half along the fold to yield (42) 2½" x approx 21" rectangles. From the remaining FIVE strips, cut each in half along the fold as before, then cut in half again to yield (20) 2½" x approx 10½" rectangles.
- Cut (14) 6½" strips; sub-cut into (82) 6½" squares

Prints—from EACH of the 21 strips:

- Sub-cut in half along the fold to yield (2) 2½" x approx 21" rectangles. Set one of these aside, then cut the other one in half again to yield (2) 2½" x approx 10½" rectangles.

Making Full/Queen Size

Background:

- Cut (40) 2½" strips. Cut 32 of these strips in half along the fold to yield (64) 2½" x approx 21" rectangles. From the remaining EIGHT strips, cut each in half along the fold as before, then cut in half again to yield (32) 2½" x approx 10½" rectangles.
- Cut (22) 6½" strips; sub-cut into (127) 6½" squares

Prints—from EACH of the 32 strips:

- Sub-cut in half along the fold to yield (2) 2½" x approx 21" rectangles. Set one of these aside, then cut the other one in half again to yield (2) 2½" x approx 10½" rectangles.

Making King Size

Background:

- Cut (47) 2½" strips. Cut 37 of these strips in half along the fold to yield (74) 2½" x approx 21" rectangles. From the remaining TEN strips, cut each in half along the fold as before, then cut in half again to yield (40) 2½" x approx 10½" rectangles.
- Cut (24) 6½" strips; sub-cut into (144) 6½" squares

Prints—from EACH of the 37 strips:

- Sub-cut in half along the fold to yield (2) 2½" x approx 21" rectangles. Set one of these aside, then cut the other one in half again to yield (2) 2½" x approx 10½" rectangles.

Piecing-Strip Piecing Method

For Strip Set 1, select (2) 2½" x 21" background rectangles and (1) print 2½" x 21" rectangle. Sew strips right sides together as shown in Figure 1. Press seams toward the print fabric. Sub-cut into (8) 2½" x 6½" segments as shown in Figure 2. Each strip set will yield enough segments for four blocks



Figure 1

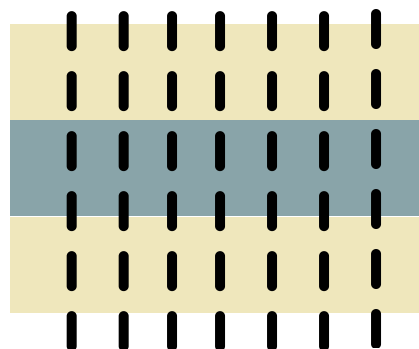


Figure 2

- For the baby size you will make 5 strip sets.
- For the lap size you will make 15 strip sets.
- For the twin size you will make 21 strip sets.
- For the full/queen size you will make 32 strip sets.
- For the king size you will make 37 strip sets.

For Strip Set 2 select (2) $2\frac{1}{2}$ " x $10\frac{1}{2}$ " print rectangles and (1) background $2\frac{1}{2}$ " x $10\frac{1}{2}$ " rectangle. Sew strips right sides together as shown in Figure 3. Press seams toward the print fabric. Sub-cut into (4) $2\frac{1}{2}$ " x $6\frac{1}{2}$ " segments as shown in Figure 4. Each strip set will yield enough segments for four blocks



Figure 3

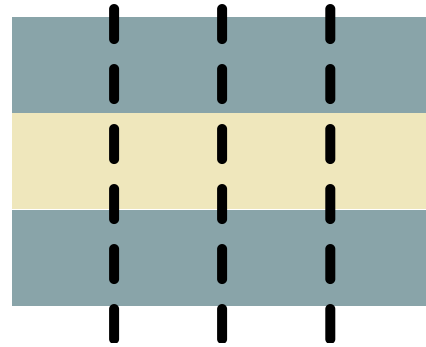


Figure 4

- For the baby size make 5 strip sets.
- For the lap size make 15 strip sets.
- For the twin size make 21 strip sets.
- For the full/queen size make 32 strip sets.
- For the king size make 37 strip sets.

Block Assembly-Strip Piecing

For each block, collect two matching segments from Strip Set 1 and matching segment from Strip Set 2. Sew these together with the Strip Set 2 segment in the center as shown in Figure 5. Press away from the center strip.

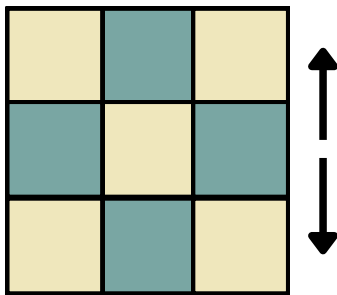


Figure 5

- For the baby size make 18 blocks.
- For the lap size make 59 blocks.
- For the twin size make 83 blocks.
- For the full/queen size make 128 blocks.
- For the king size make 145 blocks.

Block Assembly Using Squares

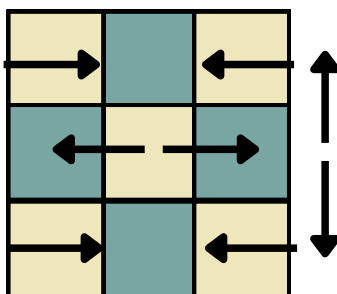


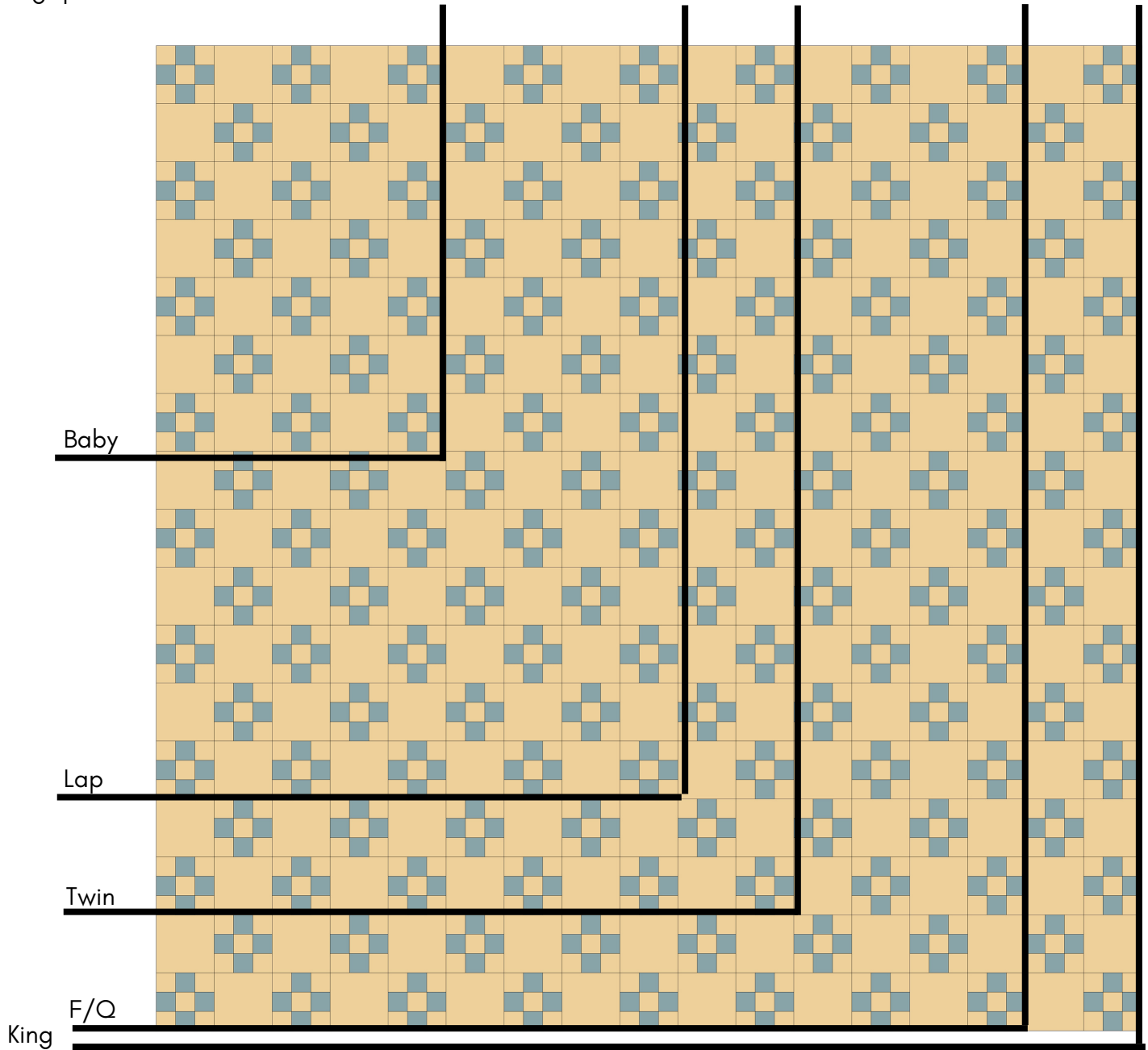
Figure 6

Following Figure 6, arrange your squares. Sew squares together to make the nine-patch block. Press seams in the direction of the arrows. Make the number of blocks as shown above for the size quilt you are making.

Quilt Top Assembly

The baby quilt is set 5 blocks x 7 blocks.
The lap quilt is set 9 blocks x 13 blocks.
The twin quilt is set 11 blocks x 15 blocks.
The full/queen quilt is set 15 blocks x 17 blocks.
The king quilt is set 17 blocks x 17 blocks.

Sew blocks together into rows, alternating pieced blocks with plain squares as shown below. Press seams toward the plain squares. Sew the rows together to make the quilt top.



After top is sewn together, press all seams well. Because this quilt does not have borders, you may want to stay stitch all around the outer edges to stabilize them before quilting.

Cut binding strips 2½" wide (or your preferred width). You will need 6 strips for the baby size, 7 strips for the lap, 8 for the twin, 10 for the full/queen, and 11 for the king.

Quilt as desired. Bind. Enjoy your new quilt!